

Fresh & Healthy Cooking for Your Family



- ♦ Learn to shop, prepare and cook your food in a fresh & healthy way
- ♦ Practice easy recipes that you and your children can make
- ♦ Pick-up techniques on stretching your dollar



We will be shopping at a local grocery store to purchase food and then prepare it for your family. Join us for this exciting **3 week** cooking experience!

Classes begin on the first Monday of each month from 12:30-3:30 pm for 3 weeks.

Next class starts **February 4, 2019**

Kitsap Community Resources
845 8th St, Bremerton, WA 98337

Space is limited, sign up today!

To register go through your WorkFirst Case Manager
or please call Georgene Lenon (360) 473-2125



KITSAP COMMUNITY
Resources

A Community Action Partnership helping people, changing lives



Department of Commerce