



# Empowering Youth MENTOR PROGRAM

**Do you want to have more fun,  
learn new things and explore your potential?**

A mentor isn't just someone to talk with—they're an ally who cares about you, and is there for you. They're a friend who will help you take charge of your future. Get matched with a mentor who will give you guidance and support.

## **As a Mentee, you'll:**

- Discuss your dreams, goals, and experiences, and get fresh perspectives.
- Receive help with life skills, school, and career planning.
- Enjoy community events and activities with your mentor.
- Have fun while building a lasting friendship.

## **Ready for a change?**

- Whether you're 8 or 21, you can benefit from the friendship and guidance of a mentor.
- Agree to meet with your mentor regularly for one year.
- Get matched with a mentor to start sharing experiences & creating awesome memories

**There are so many things you and your mentor can do together!**

\*Grab something to eat or drink  
\*Go hiking, biking or kayaking  
\*Plant a garden, learn to cook  
\*Visit college campuses

\*Play or watch sports  
\*Learn an instrument  
\*Go to a concert  
\*Attend workshops

\*Go to movies  
\*Paint, draw, crochet, knit  
\*Go for a run  
\*Play video/board games

**And so much more!**

**For more info call/text Robin Carson  
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[Visit our website at www.kcr.org/eymp](http://www.kcr.org/eymp)**