



Empowering Youth MENTOR PROGRAM

Make a Difference, Be a Mentor!

Mentoring lets young people know that there is someone who cares about them. That person can be you! You can be the one who lets them know that they are not alone in dealing with day-to-day challenges and that they matter.

As a Mentor, you'll:

- Spend at least four hours a month with your mentee, out in the community, over a minimum of one year.
- Share your goals, values, and life experiences.
- Help your mentee develop essential life experiences.
- Have fun and build a lasting friendship.

Mentoring enriches both the mentor and the mentee.

Research shows that mentoring can:

- Boost self-esteem, social skills, and academic performance in mentees.
- Lowering chances of your mentee engaging in risky behaviors, such as using drugs & alcohol.
- Enhance personal growth and fulfillment.

Becoming a mentor is easy!

- If you're 21 years old or older, are caring and empathetic
- Pass a thorough Criminal and CPS background check
- Have a reliable car, valid driver's license, and insurance
- Undergo initial training and periodic ongoing trainings, to enrich your mentoring skills.

**For more info call/text Robin Carson
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Visit our website at www.kcr.org/eymp**